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and in Joseph's prophetic dying words: "God will surely visit you, and bring you out of this land unto the land which he swore to Abraham, Isaac and Jacob." Need we doubt that Moses as a child received proper instruction in all this? And that his parents prayed for him daily? Do you pray for your children?

b. **In the School of Pharaoh's court.** Here as an Egyptian prince, Moses received the best of Egyptian arts and sciences from the Pharaoh's tutors. What better way could there be for someone who was later to confront Pharaoh and his servants to be well versed in their language and culture? Moses lived in the luxury of Pharaoh's palace for nearly forty years.

c. **In the School of life.** Despite his years in Pharaoh's court, Moses never forgot his own heritage, his people and their affliction. One day he decided to take a stand with his suffering brethren. His actions on two successive days proved to be a disaster. He had to flee for his life. "Not by might nor by power, but by my spirit, saith the Lord of hosts" (Zech 4:6). Neither by the arm of flesh! We must do God's work in God's way, not ours.

d. **In God's Wilderness School.** The land of Midian became Moses' final school of learning, forty years of patient waiting on the Lord, tending his father-in-law's sheep. What valuable experience this must have been for Moses in his leading the Hebrew people through the wilderness the next forty years! God's wisdom is unsearchable.

Eighty years' preparation for forty years' service! How about you? Why do you think Moses "when he was come to years, refused to be called the son of Pharaoh's daughter" (Heb 11:24)?

3. God calls Moses

From a child, Moses would have heard his parents say, "God will visit you, and bring you out of this land." As he grew up in Pharaoh's court, his heart yearned after his own people, groaning under the Egyptian yoke. How he longed to take up their cause and right their wrongs! One day as he walked among his people and saw their affliction, he was aroused by the

injustice. He thought the time had come to save his people. But salvation is of the Lord! Moses' killing of an Egyptian was not God's way! He had to run for his life!

So we find Moses, the impulsive self-appointed saviour from Pharaoh's court, become an obscure shepherd tending sheep in the land of Midian. The years passed. How often his thoughts must have turned to his suffering brethren in Egypt. Perhaps God had forgotten? No, God never forgets His own!

One day while Moses led the flock to mount Horeb, God's call came. It was dazzling and spectacular. It came in broad daylight, out of a burning bush. For an occasional bush fire to break out in the desert heat was probably not uncommon, but what was very uncommon with this bush was that it was not consumed by the fire!

The sight was too arresting, too majestic! Moses turned aside to observe the great sight. Then out of the fire came God's call: "Moses, Moses!" Meekly came his answer, "Here am I." Moses hid his face, for he was afraid to look. Our God is a consuming fire! (Heb 12:29).

God's time had come. Forty years in Pharaoh's court, forty more in the Midian desert. Moses was now ready to be used. God had heard the groaning of His people. God remembered His covenant. God was on the move! Moses! Now is the time!

*Faithfully in the Lord
Dr SH Tow, Sr Pastor*

FCM COMBINED MEETING

24 September 2010

Theme : A Victorious Christian Life Amid Ungodly Influences (1 Corinthians 15:33)

Speaker : Rev (Dr) Prabhudas Koshy
Venue : Calvary Pandan BPC
Time : 6.30pm (Dinner at \$3 per pkt), 7.15pm (Meeting)

For dinner, please contact your respective student coordinators or Lek Xuan at 96389814.



CALVARY PANDAN BIBLE-PRESBYTERIAN CHURCH

"NOT TO BE MINISTERED UNTO BUT TO MINISTER"

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Email: calbp@pacific.net.sg
Website: <http://calvarypandan.org>

THEME: "Walking with God in Perilous Times"
(2 Tim 3:1)

Senior Pastor: Rev Dr Tow Siang Hwa
Pastor: Rev Dr Quek Suan Yew

LORD'S DAY, 22 Aug 2010

PANDAN NEWS WEEKLY

Vol. 7 (36) No.34

My dear readers,

1. Exodus recalled

In our consideration of Israel in history and prophecy, we come to the study of the Exodus.

Amram and Jochebed were momentarily overjoyed when God's gift of a son arrived. Who wouldn't? For them especially it was a "goodly child," so strikingly beautiful and winsome. Then their elation gave way to depression. Pharaoh had decreed, "All Hebrew newborn sons are to be thrown into the river Nile!" How could they do such a cruel thing?

But this was no ordinary Hebrew boy. He was God's instrument of salvation, a deliverer to lead His people back to the land of promise. By faith, Moses' parents defied Pharaoh's law, for three months. End of that time their faith led them to make an ark, a "floating cot." Then they turned him loose into the river Nile. To every Hebrew boy this was the river of death. For Moses it was the river of life! By God's marvelous providence, Pharaoh's daughter found the baby in the river, took pity on him and adopted him as her son. Pharaoh, whose law spelt death to every newborn Hebrew boy, suddenly became grandfather and protector to Moses!

Then God used Moses' elder sister to speak to Pharaoh's daughter. Within hours of being

"launched" into the Nile, Moses was safely back in his parents' home, in the loving care of his own mother, through wages paid by the Pharaoh! God turned the enemy of His people into His instrument for the furtherance of His great plan of Redemption. So for the first years of his childhood Moses was reared as a Hebrew boy by his parents, at Pharaoh's expense and under his protection!

Eventually, when it was time, Moses was returned to the Egyptian court, to take his place as an Egyptian prince! Fact is stranger than fiction. But the glamour of Pharaoh's palace did not make him forget his faith and his Hebrew heritage.

How long do you think Moses lodged with his parents? Imagine, he was Egyptian on the outside, but Hebrew on the inside!

2. In the school of learning

Every servant of God needs a period in God's school of learning. The curriculum oftentimes is long and arduous, but the end result is always blessed. Moses' school of learning took him through four significant phases.

a. **In the school of Levi.** Both father Amram and mother Jochebed were Levites, God-fearing parents who were doubtless well instructed in the covenant promises of God,

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SUNSET GOSPEL BIBLE FELLOWSHIP

Theme: The Jewish People In History and Prophecy

22 August (6 pm)

29 August (6 pm)

Topic: Exodus

Diaspora

Preacher: Dr SH Tow

Dr SH Tow

Worship Leader: Preacher Lek Aik Wee

Elder Sim Siang Kok

A very warm welcome to visitors and friends in the name of
our Lord and Saviour Jesus Christ

HFMD Alert - In line with MOH public advice with regard to the HFMD situation in Singapore, parents are urged to ensure that their children do not come to church if they display any of the symptoms of HFMD, namely fever, mouth ulcers and rashes on the palms, soles or buttocks. Thank you for your co-operation and consideration.

DESIGNATED LOVE GIFT ENVELOPES are available at RPG Rack.

2. **SR PASTOR THANKS** all who called, visited or sent cards, flowers, fruits, etc. His pace-maker implant was done on Tuesday 17 Aug successfully and he was discharged on Wednesday 18 Aug, now recuperating at home. (His JB trip was cancelled).
All glory and thanks to God, and all members for praying.
3. **CONDOLENCES TO YAP WAI HO & TSE'FONG, JAN & TIM** on the homegoing of her father / grandfather on 14 Aug.
TSE'FONG & FAMILY would like to thank Pastors, Session and members for their kind attendance, gifts, words/songs of comfort and prayers at the homegoing of her father, Mr Sim Swee Toh.
4. **PREACHER LEK AIK WEE** is preaching at New Life BPC this morning. Please uphold him in prayer.
5. **CHANGE OF MOBILE Number.** - Lenny Chia's new no. - 91914418.
6. **YPC** - Practice is on today at 1.45pm in Rooms #02-05-07.
7. **AF CHOIR PRACTICE** today 12.30 pm in the New Sanctuary, level 3. This practice is for the AF's 30th Anniversary Thanksgiving & Praise Service. All adults are welcome to join us.
8. **THERE WILL NOT BE GILGAL BS** on 27 Aug. Bible Study will resume on 3 Sept.

AF FAMILY RETREAT - 6 to 7 SEPTEMBER 2010

Thistle Johor Bahru

Theme: Godly Family

Speaker: Rev Dr Quek Suan Yew

We have seen the breakdown of the family in today's society – the family is under attack. What is God's plan for the family?

God's Word can surely show us the way to family peace and harmony, the roles of the husband, wife, parents and the children and how to be the godly family that is pleasing to God, serving the Lord together for the glory of God.

Plan to come.....drive to Thistle Johor Bahru (less than 10 minutes from Johor Causeway) in the morning of 6 Sept and the programme will end with dinner fellowship on 7 Sept and drive back to Singapore.

You may download the registration form from our church website www.calvarypandan.org and email the completed registration form in soft copy to pscraf@yahoo.com.sg

Prepare to come and register outside the Sanctuary (after morning & evening service) this Sunday 22 August 2010, the final day for registration.

YF SEPTEMBER RETREAT

Theme: Singleness of Heart

Date: 3 – 4 Sept 2010,

registration starts at 5.30pm

Venue: Calvary Pandan BPC

Speaker: Brother Henry Chua

For more enquiries, feel free to contact Su

Ling @ 91520831 or Elvin @ 94790811.

(Forms are available at the YF notice board.)

YAF RETREAT - 9 to 11 Sept 2010

Austin Hills Resort, Johor

“SPIRITUAL FREEDOM”

A thematic study on Romans 6 - 8

By: Jose Lagapa

* Registration Forms Available at the

YAF Notice Board

* For more information, please

contact Hong Zhuang (91704337)

Remedy #3: Do Your Duty & Leave What is Beyond You to the Lord

Prov 3:5-6 Trust in the LORD with all thine heart; and lean not unto thine own understanding. 6 In all thy ways acknowledge him, and he shall direct thy paths.

By this I do not mean that we do not seek help from others. I refer to what is beyond our control. For example, we are powerless to stop the rain, to change the hearts of people, to ensure that everything will be as we have planned. God does not want us to be anxious, for these things are beyond us. He just requires each of us to be diligent and to do all that is within our power to do, faithfully, and to trust Him with the rest. Even if things do not turn out the way we wish, we can rejoice, for we have done all that God wants us to do. The God of peace will give us His peace. We are stressed out when we take it upon ourselves to determine the success and outcome of a task.

Remedy #4: Wait upon the Lord

Ps 27:14 - Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD.

I will sum up all the three points above thus: **“wait upon the Lord”**. Whenever I feel that stress is overwhelming me, I will remind myself of who God is and to be still and know that God is on the throne and He is “in His holy temple”. I will seek the Lord in my undertaking, for His help and His wisdom to handle the issues at hand. I will not be slothful. I will plan all that I need to do and do it by His grace and enabling. He always gives His grace to those who trust in Him. I will deny myself of any worries of things beyond my control and leave the outcome to Him. This is the faith that overcomes the world. I will also learn to enjoy every meal I eat and the rest that I can get at night, to appreciate the love of family and friends and to count the many other blessings of life. Wait, my brethren, upon the Lord and He will sustain you with His joy and His peace that passes all understanding. Yes, you may be tired from a hard day’s work, but you need not be stressed out.

*.N/W: Rev Dr Quek Suan Yew
F/W: Rev Dr Quek Suan Yew*

PARKING NOTICE

For Members and Visitors

- * Calvary Pandan B-P Church (English & Mandarin Congregations)
- * Truth B-P Church

Please note and comply

1. Parking in **HEAVY VEHICLE LOTS** is an **offence**. You may face legal action.
2. The **CHURCH FRONT ENTRANCE** must be **KEPT CLEAR. PLEASE DO NOT PARK THERE.**
3. If you **DOUBLE PARK**, please remove your car promptly after service.

Thank you for your co-operation.

The Management
Calvary Pandan B-P Church

Singapore is a society that has high expectations for efficiency, speed and quality. Good is never good enough and change is the norm. For the working class, multi-tasking has become the norm and very often, before we are done with a task, other deadlines are added. Many of us, besides being busy with our calling at work and family (also extended families), are also committed to serve in some areas in church. Some are further involved in part time studies. As such there is seldom a moment when we have nothing to do and we are really free, except to leave off some non urgent matters to a later date. Yet, thoughts of that unfinished work ever linger at the back of our minds.

Under such circumstances, it is not uncommon to feel stressed out from time to time. Some may show it in their impatience with colleagues, spouses, children or those dear to us; some in shoddy work performance; some may call it quits; some develop sleeping problems and some are overcome with some stress related sickness.

How do God’s children respond to stressful times? I will assume that stress is unavoidable and some say that it is even desirable in certain instances. Experts categorize stress as good stress and bad stress, the former being that which keeps us on the tasks and gives us the drive to work, and the latter being that which overwhelms us. In any case, the question remains - how should believers manage their stress and not become stressed out?

Remedy #1: Remember Who God is

1 Cor 10:13 There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

Let us start by reminding ourselves who God is. If we are children of God, we would have experienced the goodness of God. He is faithful and He will not tempt his children above what they can manage. He is sovereign and in control of all that happens to us. He knows what we can bear as He knows each of us intimately. All that happens to us is for a purpose and allowed by God to try us and to strengthen our faith and trust in Him. This thought helps me to stay calm and be assured that although I am tempted to fret, I need not, as God is aware and He is in control and He works out all things for my good. I will prove Him true to His promises and in the process know Him better.

Remedy #2: Pray Always

Php 4:6 - Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

As the hymn writer writes, *“What a Friend we have in Jesus, all our sins and griefs to bear! What a privilege to carry everything to God in prayer! O what peace we often forfeit, O what needless pain we bear, All because we do not carry everything to God in prayer.”* Yes, sometimes we carry all our burdens by ourselves and fail to cast them upon the Lord who careth for us. This can be likened to someone carrying his heavy luggage on his back on board a plane instead of checking it in at the counter. He will arrive at his destination either way, only that in the former, he will be exhausted and worn out by the time he arrives. Brethren, are you stressed out because you have not “checked in” your burden to the Lord? Some say that they have prayed but they still feel stressed out. Can it be that they have not let go of the burden?

